



DISC - Transforming Relationships

Unlock your team's potential
Seamless and cost-efficient L&D services



Imagine understanding people in minutes, not months. Rooted in Dr. William Marston's 1928 research, DISC is a proven tool used worldwide to enhance awareness of behaviours and communication styles. By fostering deeper self-awareness and team understanding, DISC helps minimise misunderstandings and improve workplace interactions.

Who should attend?

If you collaborate across teams or departments and want to foster a more cohesive, possibility-focused culture, this workshop is your perfect starting point.

What's in store for you?

- **The DISC model**
Explore the four DISC behavioural styles and how they shape perceptions, emotions, and interactions in various environments.
- **Your profile**
Gain a deeper understanding of your unique behavioural style by working through your personalised DISC profile.
- **A deeper dive into DISC styles**
Discover how different DISC styles interact and influence workplace dynamics. Learn practical strategies to identify and adapt to the styles of colleagues for better collaboration.
- **Case study activity**
Brainstorm workplace scenarios of how to address a variety of situations using DISC insights.
- **Personal reflections**
Walk away with one key insight about your behavioural style and a tailored strategy for fostering stronger, more effective relationships with others.

How should I reserve a place? Delivery will be with trainers Tracie Crombie and Sinéad Walsh. Please email contact@ariosi.com or phone +44 (0)20 8168 8168 to book your place now!



Contact Tracie, Sinéad or the wider Ariosi team using the contact details below if you require additional information.

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